

Observer _____ Date _____ Time _____ Place _____

Infant's Name _____ Birth Date _____ Age _____

Average Age of Appearance	Behavior	Observed		Comments
		Yes	No	
Birth to Six Months				
<u>Gross Motor</u>				
1 month	Moves head from side to side			
1 month	When lying down, makes crawling movements			
1 month	Head held erect when held at shoulder for 3 seconds			
1 month	When cheek is rubbed, turns to same side			
1½-2 months	Turns from side to back			
2-3 months	Held sitting, head is predominantly erect			
2-3 months	Prone, lifts head up			
2-4 months	Prone, lifts head and upper chest well up in midline using forearms as support, legs straight out with buttocks flat			
2½-3½ months	Rolls over			
3 months	Held standing, lifts foot			
5 months	Prone, holds arms extended			
5½ months	Reaches on same side as arm used			
5½-6 months	Stands holding on			
Six Months to Twelve Months				
<u>Gross Motor</u>				
6 months	Sits alone for 30 seconds			
6 months	Rolls from back to stomach			
6 months	Lifts legs to vertical and grasps foot			
6½ months	When on stomach, pivots 180 degrees to obtain toy that is kept just out of infant's reach			
6½-7 months	Sits: briefly, leans forward on hands			
7 months	Lying on back, brings feet to mouth			
7½-8 months	Pulls self to stand			
8 months	Stands briefly with hands held			
9 months	Walks holding onto furniture			
9 months	Attempts to crawl on all fours			
9 months	Stands holding but cannot lower self			
9½-10 months	Sits steadily and indefinitely			
9½-11 months	Walks with both hands held			
9½-10 months	Stands momentarily			
10 months	Creeps			
11-11½ months	Stands alone well			
11-12 months	May walk alone			

Observer _____ Date _____ Time _____ Place _____

Infant's Name _____ Birth Date _____ Age _____

Average Age of Appearance	Behavior	Observed		Comments
		Yes	No	
<u>Fine Motor</u>				
1 month	Regards bright object			
1 month	Turns eyes and head toward light			
1 month	When rattle placed in hand, drops immediately			
2 months	Holds rattle briefly			
2 ¹ / ₂ months	Will glance from one object to another			
3 months	Hands usually open			
3-4 months	Plays in simple way with rattle			
3-4 months	Inspects fingers			
3 months	Holds rattle actively			
3-4 months	Reaches for dangling ring			
3-4 months	Follows ball visually across table			
4 months	Carries object to mouth			
4-5 months	Recovers rattle from chest			
4-5 months	Holds two objects			
5 months	Transfers object from hand to hand			
5-6 months	Bangs in play			
5-6 months	Sits, looks for object			
6 months	Secures cube on sight			
6 months	Follows adult's movements across the room			
6 months	Immediately fixates interesting small objects and stretches out to grasp them			
6 months	Retains rattle			
6 ¹ / ₂ months	Manipulates and examines an object			
6 ¹ / ₂ months	Can reach for, grab and retain rattle held in front of him			
7 months	Pulls string to obtain an object			
7 ¹ / ₂ -8 ¹ / ₂ months	Grasps with thumb and finger			
8-9 months	Persists in reaching for toy out of reach on table			
8 months	Shows hand preference			
8-8 ¹ / ₂ months	Bangs spoon			
9 months	Searches in correct place for toys dropped within reach of hands			
9 months	May find toy hidden under cup			
10 months	Hits cup with spoon			
10 months	Crude release of object			
10 ¹ / ₂ -11 months	Picks up raisin with thumb and forefinger pincer grasp			
11 months	Pushes car along			
11-12 months	Puts three or more objects in container			
<u>Self Help</u>				
6 months	Lifts cup			
8 months	Reaches for toys out of reach consistently			
9 months	Holds, bites, and chews biscuits			
9 months	Puts hands around bottle or cup when feeding			
9 months	Tries to grasp spoon when being fed			
9 months	Holds bottle to feed self			
11 ¹ / ₂ -12 months	Is able to drink from cup when it is held though may spill			