

CHAPTER 1: Internet Resources Links

<http://www.careerplanning.about.com>

This constantly updated Web portal provides current articles on career planning and tools to help you reach your goals.

<http://www.discoveryourpersonality.com>

Learn what motivates you by taking Career, Entrepreneur, Interpersonal Relations, and Leadership tests. This site includes full versions of the Myers-Briggs Type Indicator® and Strong Interest Inventory®.

<http://www.goalsguy.com>

The GoalsGuy can help you achieve greater simplicity, focus, balance, confidence, enjoyment, and income by transforming your life.

<http://www.knowyourtype.com>

KnowYourType offers the Myers-Briggs Type Indicator® Instrument, a personality tool that gives insight into how and why people understand and approach the world in such different ways.

<http://www.mindtools.com>

MindTools provides an abundance of useful information on topics such as time management, stress management, information skills, communication skills, memory improvement, leadership skills, problem solving, decision making, project planning, and practical creativity.

<http://www.mygoals.com>

Having trouble sticking to a goal? With a simple, step-by-step process, **myGoals.com** keeps you focused and on track until you accomplish your goal.

<http://www.myplan.com>

Use **MyPlan.com's** Personality Test, Interest Inventory, Skills Profiler, or Value Assessment to put you on the road to a career match.

<http://www.queendom.com>

Queendom is an Internet magazine providing professional-quality interactive tests to give readers the opportunity to look into their own personalities, relationships, intelligence, and health.

<http://www.selfimprovementnewsletters.com>

Go here to subscribe to free self-improvement newsletters on topics including goal setting, time management, and stress and anxiety release.

<http://www.selfgrowth.com>

This site provides information ranging on topics ranging from goal setting and stress management to natural health and alternative medicine.

<http://www.topachievement.com>

Top Achievement is the publisher of one of the oldest achievement quote services on the Internet today. The Personal Achievement Quote of the Day is read by tens of thousands of achievement-minded people throughout the world.