HEALTH, SAFETY, AND NUTRITION RESOURCES

The Activity Idea Place: An Early Childhood Educator's Resource
http://www.123child.com
First click on Activity Index Themes. This will direct you to the health-related themes under the heading of Self-Concepts. The activities provided may be done either in the preschool classroom or at home.

Everything Preschool
http://www.everythingpreschool.com
Preschool curriculum is presented by themes. Click on Our Themes at the top menu bar. Themes are divided alphabetically. Health, safety, and nutrition are all separate themes. This site also contains related themes such as fire safety, bedtime, apples, etc. Each theme has activities for art, science, games, songs, and book suggestions.

First School
www.first-school.ws
To access activities for health and nutrition, click on Preschool Themes; next, click on Health & Nutrition. Activities, crafts, recipes, and a booklet on fire safety may be viewed.

The Perpetual Preschool
http://www.perpetualpreschool.com
Click on Daily Themes at the top menu bar. Health and nutrition activities may be found by clicking on Healthy Bodies or Nutrition. These two categories are listed together. Safety is a separate theme. Teachers and parents submit their own ideas to this Web site.

Preschool by Stormie
http://www.preschoolbystormie.com
Scroll down and open the link to the Curriculums Index. This site is divided into months. Under Aug/Sept Science is Germs/Healthy Habits and Bathroom Self-Help Skills. Every month has a safety theme.

Preschool Education
http://www.preschooleducation.com
Use the link Theme Topics to access themes appropriate for health and safety. The activities presented under each theme are easy to use in the classroom.
HEALTH, SAFETY, AND NUTRITION SUPPLIES

Discount School Supply
http://www.discountschoolsupply.com
Enter health as a keyword and access a doctor kit and a My Food Guide Banner with 30 foods. Food Group Bingo and a Healthy Food Set are found under the keyword nutrition.

Nasco
http://www.Enasco.com
Follow the links through Early Learning Essentials to Health & Nutrition to access materials related to these areas.

Lakeshore: Educational Supplies and Materials
http://www.lakeshorelearning.com
Follow Lakeshore’s links through Early Childhood. Click on health & nutrition, then access classroom experiences to view related materials.